

The First Month:

- x Can lift head momentarily
- x Turns head from side to side when lying on back
- x Looks and follows object moving in front of them in range of 45 degrees
- x Quiets when a voice is heard
- x Cries to express displeasure
- \ Makes throaty sounds
- \ Looks intently at parents when they talk to him/her

The Second Month:

- x Lifts head almost 45 degrees when lying on stomach
- x Grasp reflex decreases
- x Follows dangling objects with eyes
- x Visually searches for sounds
- x Makes noises other than crying
- \ Vocalizes to familiar voices
- \ Social smile demonstrated in response to various stimuli

The Third Month:

- Begins to bear partial weight on both legs when held in a standing position
- x When lying on stomach can raise head and shoulders between 45 and 90 degrees
- x Bears weight on forearms
- x Grasp reflex absent
- x Holds objects but does not reach for them
- x Clutches own hands and pulls at blankets and clothes
- x Follows objects 180 degrees
- x Locates sound by turning head and looking in the same direction
- Squeals, coos, babbles, and chuckles
- “Talks” when spoken to
- Recognizes faces, voices, and objects
- x Smiles when he/she sees familiar people, and engages in play with them
- Shows awareness to strange situations

The Fourth Month:

- x Drooling begins
- Good head control
- x Sits with support
- Bears some weight on legs when held upright
- Raises head and chest off surface to a 90 degree angle
- x Rolls from back to side
- x Explores and plays with hands
- x Tries to reach for objects but overshoots
- x Grasps objects with both hands
- Eye-hand coordination begins
- Makes consonant sounds
- x Laughs
- x Enjoys being rocked, bounced or swung

The Fifth Month:

- x Signs of teething begin
- \ Holds head up when sitting
- x Rolls from stomach to back
- x When lying on back puts feet to mouth
- x Voluntarily grasps and holds objects

The Seventh Month:

- Sits without support, may lean forward on both hands
- Bears full weight on feet
- Bounces when held in standing position
- Bears weight on one hand when lying on stomach
- x Transfers objects from one hand to another
- x Bangs objects on surfaces
- Able to fixate on small objects
- x Responds to name
- Awareness of depth and space begin
- x Has taste preferences
- “Talks” when others are talking

The Eighth Month:

- Sits well without support
- Bears weight on legs and may stand holding on to furniture
- Adjusts posture to reach an object
- Picks up objects using index, fourth, and fifth finger against thumb
- x Able to release objects
- Pulls string to obtain object
- x Reaches for toys that are out of reach
- Listens selectively to familiar words
- Begins combining syllables like “mama” and “dada” but does not attach a meaning
- Understands the word no (but does not always obey it!)
- Dislikes diaper change and being dressed

The Ninth Month:

- Begins crawling
- Pulls up to standing position from sitting
- Sits for a prolonged time (10minutes)
- May develop a preference for use of one hand
- Uses thumb and index finger to pick up objects
- Responds to simple verbal commands
- Comprehends “no no”
- Increased interest in pleasing parents
- Puts arms in front of face to avoid having it washed

The Tenth Month:

- Goes from stomach to sitting position
- Sits by falling down
- Recovers balance easily while sitting
- Lifts one foot to take a step while standing
- Comprehends “bye-bye”
- Says “dada” or “mama” with meaning
- Says one other word beside “mama” and “dada” (hi, bye, no, go)
- Waves bye
- Object permanence begins to develop
- Repeats actions that attract attention
- Plays interactive games such a “pat-a-cake”
- x Enjoys being read to and follows pictures in books

The Eleventh Month:

- Walks holding on to furniture or other objects
- Places one object after another into a container

- x Plays with toes
- Takes objects directly to mouth
- x Watches objects that are dropped
- Says “ah-goo” or similar vowel-consonant combinations
- Smiles at mirror image
- Gets upset if you take a toy away
- Can tell family and strangers apart
- Begins to discover parts of his/her body

The Sixth Month:

- x Chewing and biting occur
- When on stomach can lift chest and part of stomach off the surface bearing weight on hands
- x Lifts head when pulled to a sitting position
- Rolls from back to stomach
- Bears majority of weight when being held in a standing position
- Grasps and controls small objects
- Holds bottle
- x Grabs feet and pulls to mouth
- x Adjusts body to see an object
- x Turns head from side to side and then looks up or down
- Prefers more complex visual stimuli
- Says one syllable sounds like “ma”, “mu”, “da”, and “di”
- x Recognizes parents

- Reaches back to pick up an object when sitting
- Explores objects more thoroughly
- Able to manipulate objects out of tight fitting spaces
- Rolls a ball when asked
- Becomes excited when a task is mastered
- x Acts frustrated when restricted
- Shakes head for “no”

The Twelfth Month:

- Walks with one hand held
- May stand alone and attempt first steps alone
- Sits down from standing position without help
- Attempts to build two block tower but may fail
- Turns pages in a book
- Follows rapidly moving objects
- Says three or more words other than “mama” or “dada”
- Comprehends the meaning of several words
- Repeats the same words over & over again
- Imitates sounds, such as the sounds dogs and cats make
- Recognizes objects by name
- Understands simple verbal commands
- Shows affection
- Shows independence in familiar surrounding
- Clings to parents in strange situation
- Searches for object where it was last seen